

Science of Cycling Injury Prevention Course

Flights, Accommodation, Bike Hire, Transportation & Local Restaurants

Australian Institute of Sport
European Training Centre (ETC)
Via Al Lido, 9 Gavirate Varese, Northern Italy

FLIGHTS

The closest airport is Milan Malpensa (MXP). It is approximately 40kms on the freeway from the ETC. It is highly recommend, where possible people fly into this airport. This is the major international airport.

There are two other Milan airports, Linate and Bergamo, which are significantly further from the ETC.

ACCOMMODATION

ART HOTEL

Via Giuseppe Bertini 3 - Viale Padre G.B. Aguggiari, 26 21100 Varese (VA) - Italy
Tel: (+39) 0332-214000
Fax: (+39) 0332-239553
Double/Single: 125 € with breakfast
info@arthotelvarese.it
<http://www.arthotelvarese.it/en.html>
Distance from ETC 10.6km
Distance from Centre of Varese 0.3km

SUNSET HOTEL

Via Al Lido 7, 21026 - Gavirate Varese (VA) - Italy
Tel. +39 0332731023
Fax. +39 0332744825
Double: 110 € with breakfast
Single: 75 € with breakfast
Triple: 150 € with breakfast
(Prices are likely to be higher because of Expo)
info@sunsethotel.it
<http://www.sunsethotel.it/en/>
Across the road from ETC
Distance from centre of Varese 11.6km

HOTEL RELAIS SUL LAGO

Via G. Macchi, 61, Varese (VA) - Italy
Tel. + 39 0332 310022 + 39 0332 329391 + 39 0332 1574435
Double: 99 € with breakfast

info@relaissullago.it
http://www.relaissullago.it/
Distance from ETC 8km
Distance from Centre of Varese 4 km

Further accommodation options

Name of hotel	Address	Phone no.	Email	Website	Distance from ETC (kms)	Distance from centre of Varese (kms)
Al Sei	Via Speri della Chiesa Jemoli, 6 - Varese	+393385 777307	info@alsei.it	http://www.alsei.it/	10.5 km	0.3 km
ATA Hotel	Via Albani, 73 - Varese	+390332 466001	events.varese@atahotels.it	http://www.atahotels.it/en/varese	10.9 km	1.8 km
Palace Hotel	Via Luciano Manara, 12 - Varese	+390332 327100	info@palacevares.com	http://www.palacevares.com/	9.4 km	2 km
Hotel Capolago	Via per Bodio, 74 - Varese	+390332 831840	commerciale@hotelcapolago.it	http://www.hotelcapolago.it/	10.4 km	6 km
Hotel Europa	Piazza Cesare Beccaria, 1- Varese	+390332 280170	info@hoteleuropa.varese.it	http://www.hoteleuropavarese.it/	11.7 km	0.11 km

BIKE HIRE

The ETC have Bianchi road bikes with Ultegra gear set available for hire. A range of sizes are available, 55cm, 57cm and 59cm. Bike Hire is an additional cost of 10 € per day. Bikes need to be booked in advance through the ETC. Please contact Veronika at ETC to organise your bike hire. Email Veronica.Pranio@ausport.gov.au

TRANSPORTATION

CAR RENTAL

CAR RENTAL EUROPCAR

- Via Duca degli Abruzzi, 140, 21100 Varese (VA), Italy
Tel +39 0332 329010 +39 0332 329095
it.sm.qvac04@europcar.com
<https://www.europcar.com/location/italy/calciate-del-pesce/varese>
- Aeroporto Malpensa 2000 Terminal 2
Somma Lombardo, Italy
+39 02 5858 3526

CAR RENTAL AVIS AUTONOLEGGIO

Aeroporto Malpensa, Terminal 1
Malpensa Airport, Ferno (VA), Italy
Tel. +39 02 585 8481
www.avisautonoleggio.it

CAR RENTAL HERTZ VARESE

Viale Milano 22 Varese (Va) - Italy

+39 0332 499400
www.hertz.it

LIMO SERVICE

ICARE

(with driver)

Sedan, limos, minivans, minibuses, buses, gt coaches

Via Cavour, 15 21013 Gallarate (VA)- Italy

Phone +39 0331-70.11.60 operating 24h/365 +39 334-744.90.82

fax +39 0331-198.68.82

info@icarelimo.it, book@icarelimo.it

Limo service in groups is a cost effective alternative and the recommended option from the ETC.

TRAINS

There is a train that runs from Malpensa Airport to Travedona Biandronno or Besozzo Station.

Travedona Biandronno Station is approximately a 10 min taxi trip to the ETC.

Besozzo Station is approximately a 5 min taxi trip to the ETC.

Price: € 4.80 - one way

Besozzo Station: Via D. Zangrilli , Besozzo

Travedona-Biandronno Station: Via alla stazione 1027, Travedona-Monate

TRAIN TIMETABLE

Adanta
(To)
Mon-
Sun
(Lun-
Dom)

	BESOZZO	TRAVEDONA BIANDRONNO	MALPENSA Terminal 1
	7:15	7:20	8:11
	9:10	9:15	10:11
	13:10	13:15	14:11
	15:10	15:15	16:11
	17:10	17:15	18:11
	19:10	19:15	20:11

Ritorno
(Return)
Mon-
Sun

	MALPENSA Terminal 1	TRAVEDONA BIANDRONNO	BESOZZO
	7:50	8:39	8:44
	11:50	12:35	12:40
	13:50	14:39	14:44
	15:50	16:39	16:44
	17:50	18:39	18:44
	19:50	20:39	20:44

LOCAL RESTAURANTS

RISTORANTE BOLOGNA

Via Broggi, 7 - 21100 Varese (VA) - Italy

Tel. +39 0332 232100 - 234362

Fax +39 0332 287500

info@albergobologna.it

<http://www.albergobologna.it/>

RISTORANTE VECCHIO 800

Viale Ticino 37/B Gavirate (Va)

Tel. +39 0332 747570

leone@lacaretera.com

www.vecchioottocento.it/

RISTORANTE PEPE ROSA

Via Piave 21, 21020 Bodio Lomnago (Va) –

Tel. +39 0332 949577 +39 393 0100910

info@peperosapizzeria.com

www.peperosapizzeria.com/

RISTORANTE CORTE DEI BRUT

Via al Lago, 21 - Via Campi Leoni

Groppello di Gavirate - Varese

Tel. +39 0332 74 79 80

info@cortedeibrut.com